## Dear Patient:

Your Doctor has scheduled you a PET Scan at the following location on at				
	Kingwood:	22710 Professional Drive Suite 104, Kingwood, TX 77339		
		Phone Number: (281) 312-8598	Maximum Patient Weight:	350 lbs.
	Woodlands:	9323 Pinecroft Drive, Suite 110, The Woodlands, TX 77380		
		Phone Number: (281) 943-2440	Maximum Patient Weight:	450 lbs.
	<b>Cypress Station:</b>	1250 Cypress Station Drive, Suite B, Houston, TX 77090		
		Phone Number: (281) 516-6550	Maximum Patient Weight:	450 lbs.

Please review the following instructions in order to prepare for you exam. If you have any questions, please contact the office of your exam.

- <u>DO</u> arrive 15 minutes prior to your scheduled appointment time to complete paperwork.
- <u>DO</u> drink lots of water the day before and the day of your exam even during the fasting periods.
- <u>DO NOT</u> eat or drink anything other than plain water for 8 hours prior to your exam.
  - o NO CHEWING GUM, COUGH DROPS, OR MINTS.
- **<u>DO NOT</u>** exercise or overexert your muscles the day before or day of your exam.
- **<u>DO</u>** eat a HIGH PROTEIN, LOW CARBOHYDRATE, NO SUGAR diet the day before your exam.
  - A HIGH PROTEIN diet consists of meat and low carbohydrate vegetables, NO fruit.
- If you are **DIABETIC**,
  - o **<u>DO NOT</u>** take your oral medication within 6 hours of your exam.
  - o **<u>DO NOT</u>** take your insulin medication within 12 hours of your exam.
  - o If you are on an insulin pump, **DISCONNECT** the pump 4 hour prior to your exam.
- If you are **CLAUSTROPHOBIC**,
  - o Speak with your doctor prior to the day of the exams to get medication.
  - We **<u>DO NOT</u>** prescribe or dispense medication at the exam center.
  - o If you **<u>DO</u>** take medication, you must have a driver for after the exam.
- If you are on **NEULASTA ON BODY INJECTOR**, contact the office immediately.
- The exam will take **Approximately 2 Hours**.
- If you are unable to keep your scheduled appointment, please contact the office of your exam as soon as possible. This exam requires patient specific medication. Failure to cancel 24 hours in advance may result in you being charged for the medication.