

NOTICE OF PRIVACY PRACTICES

This notice describes your rights as a patient, how medical information about you may be used and disclosed, and how you can get access to this information. Please review it carefully.

Your Rights - When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. We
 may deny your request in certain limited circumstances; in such cases we will notify you in writing and you may request that the
 denial be reviewed. Ask us how to do this.
- We will provide a copy or a summary of your health information within 30 days of your request, provided all conditions related to release of records are met. We may charge a reasonable, cost-based fee.

Ask to amend your medical record

- · You can ask to correct health information about you that you think is incorrect or incomplete. Ask us how.
- If we agree with the request, we will make the correction and give it to those who need it and those you ask us to give it to. If we say "no" to your request we will tell you why in writing within 60 days.

Request confidential communications

You can as us to contact you in a specific way, such as calling your home or office phone or sending mail to a different address. We
will say "yes" to all reasonable requests.

Ask us to limit what we share or use

- You can ask us not to use or share certain health information for treatment, payment, or our operations. We can say "no" to your
 request. If we do agree, we will comply unless the information is needed to provide emergency information.
- If you pay us for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information.

Get a list of those with whom we have shared your information

- You can ask for a list (accounting) of the times we have shared your health information for six (6) years prior to the date you ask for
 it. This will include who we shared it with and why.
- The first list you request within a twelve (12) month period is free, but we will charge a reasonable, cost-based few if you ask for another list within twelve (12) months. You may choose to cancel your request before any costs are incurred.

Get a copy of this Privacy Notice

• You can ask for a copy of this notice at any time, even if you have agreed to receive the notice electronically. An electronic copy is at millenniumphysicians.com/patient-rights-privacy/.

Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian with authority under state law, that person can exercise your rights and make choices about your health information when you are not capable of doing so.
- · We will make sure the person has this authority and can act for you before we take any action.

File a complaint if you feel your rights are violated

- You can file a complaint if you feel we have violated your privacy rights and we will not retaliate against you for filing a complaint.
- Office for Civil Rights, US Department of Health & Human Services, 200 Independence Ave. SW, Washington, DC 20201; 1-877-696-6775; www.hhs.gov/ocr/privacy/hipaa/complaints/
- Physician: Texas Medical Board, PO Box 2018, Austin, TX 78768; 800-201-9353
- Nurse: Texas Board of Nursing, 333 Guadalupe St. Suite 3-460, Austin, TX 78701; 512-305-6838
- To file a complain with Millennium Physicians: Compliance Department, 22710 Professional Dr. Ste. 106, Kingwood, TX 77339

YOUR CHOICES

For certain health information, you can tell us your choices about what we share. We can share your information as described below. Please tell us if you have a preference on how we share your information in these situations.

- · Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Provide you with appointment reminders

If you are not able to tell us a preference, for example, you are unconscious, we may go ahead and share your information if we believe if is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

Other limited sitauations

- **Treatment alternative.** We may use and disclose your information to give you information about treatment options or alternatives that may be of interest to you.
- Health-related benefits and services. We may use and disclose medical information to tell you about health-related benefits, educational programs, or services that may be of interest to you.
- Fundraising activities. We may contact you for fundraising efforts, but you can tell us not to contact you. You will be provided the opportunity to choose not to receive any further fundraising communications.

Cases where we never share yor information unless you give us written authorization

- Marketing purposes
- Sales of your health information



NOTICE OF PRIVACY PRACTICES

OUR RESPONSIBILITIES

- We are required by law to maintain the privacy of your healthcare information (Protected Health Information PHI) and to educate our personnel concerning privacy and confidentiality.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your health information.
- · We must follow the dutices and privacy practices described in this notice and give you a copy of it.
- We will not use or share your health information except as described in this notice or if you tell us in writing that we can. You may change your mind at any time by sending us a written notice. If you revoke your authorization, we will no longer use or disclose your PHI for the reasons covered by your written authorization.
- If your health information is electronically disclosed and your written authorization is required, a separate authorization will be needed for each request.
- This notice applies to all healthcare records created by and received at Millennium Physicians and tells you about the ways in
 which we may use or disclose your PHI. This notice also describes your rights and certain obligations we have regarding the use
 and disclosure of your PHI.
- This notice applies to Millennium Employees, contractors, volunteers, and anyone doing business with Millennium Physicians.

Our Uses and DiscLosures - Except as listed below, we will not use or disclose your health information without your written authorization.

Typical use and disclosure of your health information. We usually use or share your information for treatment, payment, and healthcare operations, as defined in this notice, which include activities such as patient care, financial services, insurance, quality improvement, and education and risk management. Millennium Physicians shares information with all it's subcenters when medically necessary to do so. Contact a Millennium Physicians representative if you do not want to share your health information.

- Treatment. We can use your health information and share it with other professionals who are treating you. For example, your physician may ask a pharmacist or referring physician about your current medications and/or care in order to treat you.
- Payment. We can use your health information to bill and get payment from health plans or other entities. For example, we give information about you to your health insurance plan so it will pay for your services.
- **Healthcare operations.** We can use and share your health information to run our practice, improve your care, train future healthcare professionals, and contact you when necessary. For example, we use health information about you to manage your treatment and provide quality healthcare services.
- **Business associates.** We may disclose your health information to our business associates who provide services to us to help us carry out our treatment, payment, or healthcare operations. For example, we may disclose your information to a consultant who is helping us improve patient care.

Other cases we use and disclose your health information. We are allowed or required to share your information in other ways usually in ways that contribute to the public good, such as public health and research. We have to meet conditions in the law before we can share your public information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html

- Help with public health and safety issues. We can share your health information for certain situations such as:
 - Preventing disease
 - Helping with product recalls
 - Reporting adverse reactions to medications
 - $\mbox{\tiny \circ}$ Reporting births or deaths or suspected abuse, neglect, or domestic violence
 - Preventing or reducing a serious threat to anyone's health. This includes notifying a person who may have been exposed to, or be at risk for, contracting or spreading a disease or condition to protect the public health.
- Conducting research. We can use or share your information for health research subject to a special approval process that balances your need for privacy with the proposed research. This special approval process is not required when we allow researchers preparing a research project to look at information about patients with specific medical needs so long as the information does not leave Millennium Physicians.
- Comply with the law. We will share your information if state or federal law requires it, including the Department of Health and Human Services if it wants to verify that we are complying with federal laws.
- Respond to organ and tissue donation requests. We can share your health information with organ procurement organizations.
- **Medical examiners or funeral directors.** We can share your health information with a coroner, medical examiner, or funeral director when an individual dies.
- Workers' compensation, law enforcement, and other government requests. We can use or share your health information:
 - For workers' compensation or similar programs that provide benefits for work-related injuries or illness.
 - For law enforcement purposes.
 - If you are a member of the armed forces, as required by military command authorities.
 - With health oversight agencies for actiities authorized by the law.
 - For special government functions such as intelligence, counterintelligence, and other national security activities authorized by law and presidential and foreign dignitary protectice services.
- **Inmates.** We may release health information of inmates to the correctional institution or official under specific circumstances for care and safety purposes.



NOTICE OF PRIVACY PRACTICES

- **Disaster Relief.** We may use or disclose medical information about you to assist in disaster relief efforts. This will be done to notify family members or others of your location, general condition, or death in the event of a natural or man-made disaster.
- Disclosure to Law Enforcement Purposes. We may disclose information about you to law enforcement officials for law enforcement purposes, including but not limited to:
 - As required by law.
 - In response to a court order or other legal proceeding.
 - □ To identify or locate a suspect, fugitive, material witness, or missing person.
 - When information is requested about an actual suspected victim of a crime.
 - To report a death because of possible criminal conduct.
 - About crimes that occur on our premises.
 - To report a crime in emergency circumstances.
- Health oversight activities. We may disclose your health information to a health oversight agency for audits, investigations, inspections and licensure, and other activities necessary for the government to monitor the healthcare system, government programs, and compliance with civil rights laws.
- Respond to lawsuites and legal actions. We can share your health information in response to a court or administrative order, or in response to a subpoena or discover request.

Special protections for certain information. We will not disclose or provide any information about any substance abuse treatment, genetic information, HIV/AIDS status, or mental health treatment unless you provide specific written authorization, or we are otherwise required by law to disclose or provide the information.

<u>Changes to the Terms of this Notice</u> - We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request or in our offices and on our website at: millenniumphysicians.com/ patient-rights-privacy/

Non-Discrimination Statement - Millennium Physicians complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or sex.